

December 1
SLOPPY JOES
Italian Mixed Vegetables
Fruit Crisp
Hamburger Bun
Tossed Salad
Milk

December 8
SALISBURY STEAK
WITH MUSHROOM GRAVY
Whipped Potatoes
Harvard Beets
Fruit Juice
WW Bread
Milk

December 15
CHILI RELLENO CASSEROLE
Fiesta Corn
Refried Beans
Tossed Salad
Tortilla
Milk

December 22
MACARONI & CHEESE WITH HAM
Green Beans
Carrots
Pudding
WW Bread
Milk

December 29
TACO SALAD CASSEROLE
With Picante Sauce
Corn
Refried Beans
Fruit Juice
Tortilla
Milk

December 2
BAKED POTATO
Chili Con Carne
Cheese
Broccoli
Chocolate Cake
WW Bread
Milk

December 9
OVEN FRIED CHICKEN
Potato Wedges
Mixed Vegetables
Peaches/Cottage Cheese Salad
WW Bread
Milk

December 16
BEEF STEW WITH CARROTS
Brussel Sprouts
Fruit Crisp
Tossed Salad
Cracked Wheat Roll
Milk

December 23
ROAST BEEF WITH GRAVY
Whipped Potatoes
Scandinavian Mixed Vegetables
Cookie
Fruit Juice
WW Bread
Milk

December 30
IDAHO MEATLOAF
Potatoes & Gravy
Parslied Carrots
Fruit Crisp
WW Bread
Milk

December 3
PORCUPINE MEATBALLS
With Gravy
Rice
California Mixed Vegetables
Applesauce
WW Bread
Milk

December 10
CHICKEN TETRAZZINI
Broccoli
Corn
Tossed Salad
WW Bread
Milk

December 17
ROAST TURKEY
Stuffing
Peas
Mashed Potatoes
Cranberry Sauce
WW Bread
Milk

December 24
OVEN FRIED CHICKEN
Cheesey Potatoes
Mixed Vegetables
Fruit Juice
Gingerbread With Whipped Topping
WW Bread
Milk

December 31
SPAGHETTI WITH MEAT SAUCE
Corn
Broccoli
Cookie
Texas Toast
Milk

December 4
LIVER & ONIONS OR
CHICKEN FRIED STEAK
GRAVY
Mashed Potatoes
Mixed Vegetables
Cookie
WW Bread
Milk

December 11
BAKED HAM
w/PINEAPPLE SAUCE
Sweet Potatoes
Peas
Coleslaw
WW Bread
Milk

December 18
PORK CHOP
WITH MUSHROOM SAUCE
Whipped Potatoes
Winter Mixed Vegetables
Peach Crisp
WW Bread
Milk

December 25
CHRISTMAS

**NO CDHD MEALS SERVED
THIS DAY**

December 5
PORK ROAST w/SAUERKRAUT
Yams
Green Beans
Fruit Juice
WW Bread
Milk

December 12
STAFF MEETING

**NO CDHD MEALS SERVED
THIS DAY**

December 19
LASAGNA
Peas
Carrots
Tossed Salad
Texas Toast
Fruit Juice
Milk

12/268/2006
DAY AFTER CHRISTMAS

**NO CDHD MEALS SERVED
THIS DAY**

Substitutions may be required
to ensure a nutritious meal.

Frozen meals are available for weekends
and days that no meals are served-
Upon request and arrangements with
Site Manager. \$4.00 donation encouraged

DECEMBER 2008